

## Clinical Competencies Family Medicine

Goals: Realm of Competency	Objectives	Teaching Methods	
<p><b>Medical Knowledge:</b></p> <p>Demonstrate knowledge about established and evolving biomedical, clinical, and cognate (e.g. epidemiological and social-behavioral) sciences and the application of this knowledge to patient care of all ages and all stages of life.</p>	<ul style="list-style-type: none"> <li>• List the most common acute, chronic and psychological diagnoses that present to the family physician including their main presenting symptoms and physical examination findings</li> <li>• Describe the importance of commonly used laboratory modalities in family medicine</li> <li>• Realize the effects of commonly used medications (Rx and OTC) used for frequently seen diagnoses in family medicine</li> <li>• Demonstrate the importance of longitudinal care including growth and development assessments, health screenings and management of commonly seen chronic problems</li> <li>• Demonstrate an understanding of health promotion and disease prevention</li> <li>• Provide a differential diagnosis for common complaints, symptoms and signs that present to the family physician</li> </ul> <p><i>See list of common problems in Family Medicine</i></p>	<ul style="list-style-type: none"> <li>• Morning Report</li> <li>• Didactic Conferences</li> <li>• Journal Club</li> <li>• EBM Guidelines and Procedure Workshops</li> <li>• Board Review</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p><b>Patient Care:</b></p> <p>Provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health</p>	<ul style="list-style-type: none"> <li>• Demonstrate the ability to perform a complete medical history and physical examination</li> <li>• Conduct a focused patient history and physical examination for common complaints and be able to offer a differential diagnoses and plan for treatment</li> <li>• Be able to present a case of a patient encounter to a physician</li> <li>• Demonstrate an ability to develop rapport with patients through effective listening skills, empathy, sensitivity and respect for the patient</li> <li>• Recognize the importance of total patient management including preventative care, patient education, episodic illness care and chronic illness care in a variety of settings including office, hospital, home visits and group visits</li> <li>• Recognize the impact of the disease process on the patient relative to family and other interpersonal relationships</li> <li>• Recognize the bio-psycho-social aspects of family systems and its impact on individual and family health</li> </ul>	<ul style="list-style-type: none"> <li>• Morning Report</li> <li>• Didactic Programs</li> <li>• EBM Guidelines and Procedural Workshops</li> <li>• Procedural Models</li> <li>• Procedural Credentialing</li> <li>• Bedside teaching</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p><b>Interpersonal and Communication Skills:</b></p> <p>Demonstrate interpersonal and</p>	<ul style="list-style-type: none"> <li>• List and demonstrate the principles of the art of interviewing</li> <li>• Demonstrate empathy and cultural sensitivity in patient interactions</li> </ul>	<ul style="list-style-type: none"> <li>• Bedside and Outpatient teaching and modeling</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> </ul>

<p>communication skills that result in effective information exchange and teaming with patients, their patients families, and professional associates</p>	<ul style="list-style-type: none"> <li>• Present oneself in a professional manner to patients and their families</li> <li>• Demonstrate body language that places the patient at ease</li> <li>• Relate discussions and explanations in a manner that the patient can correctly interpret</li> <li>• Utilize touch when appropriate and within the boundaries of an appropriate doctor-patient relationship</li> <li>• Maintain confidentiality at all times</li> </ul>	<ul style="list-style-type: none"> <li>• Videos / Movies</li> <li>• Workshops</li> <li>• Medical Spanish classes</li> <li>• Whole Person Care conference</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>
<p><b>Practice-Based Learning and Improvement:</b></p> <p>Investigate and evaluate their patient care practices, appraise and assimilate scientific evidence, and improve their patient care practices</p>	<ul style="list-style-type: none"> <li>• Be cognizant of, and apply, evidence-based medicine as it pertains to family medicine</li> <li>• Collect and analyze patterns of medical practice and compare / contrast the individual patterns within the practice with established clinical guidelines and norms</li> <li>• Recognize incidence of disease with epidemiologic consequence and know the process of appropriate notification (outbreaks, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• Use of “virtual library”</li> <li>• QA / PI data</li> <li>• Journal Club</li> <li>• EBM workshops</li> <li>• Use of EBM order sets</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p><b>Systems-Based Practice:</b></p> <p>Demonstrate an awareness of and responsiveness to the larger context and system of health care and the ability to effectively call on system resources to provide care that is of optimal value</p>	<ul style="list-style-type: none"> <li>• Integrate the importance of appropriate referral systems and their use in a family medicine practice</li> <li>• Identify health care issues involved in managed care with associated formulary, preventative care and referral pattern issues</li> <li>• Understand and use a team approach when delivering healthcare</li> </ul>	<ul style="list-style-type: none"> <li>• Multidisciplinary rounds</li> <li>• Community service (Shepherd’s Hope)</li> <li>• Home visits</li> <li>• Group visits</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p><b>Professionalism:</b></p> <p>Demonstrate a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population</p>	<ul style="list-style-type: none"> <li>• Act in a professional manner at all times</li> <li>• Dress appropriately when working with patients</li> <li>• Continually subscribe to changing and advancing medical knowledge</li> <li>• Be cognizant of, and sensitive to, cultural diversity</li> <li>• Demonstrate respect and professional behavior with other members of the healthcare team</li> </ul>	<ul style="list-style-type: none"> <li>• End of Life Care Training (EPEC)</li> <li>• Role Modeling</li> <li>• Cultural Diversity Training</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p><b>Osteopathic Philosophy and Osteopathic Manipulative Medicine:</b></p> <p>Integrate Osteopathic Concepts and OMT into the medical care provided to patients as appropriate. Understand and integrate Osteopathic Principles</p>	<ul style="list-style-type: none"> <li>• Identify patients in the family medicine setting who would benefit from OMT</li> <li>• Skillfully apply appropriate manipulative treatment as part of the overall treatment of the patient’s condition</li> </ul>	<ul style="list-style-type: none"> <li>• Inpatient Credentialing</li> <li>• Weekly Didactic Sessions</li> <li>• Monthly Distance Learning</li> <li>• OMT Clinics</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>

## Common Problems in Family Medicine

### Abdominal Pain

- Peptic Ulcer Disease
- Cholecystitis
- Constipation/Diarrhea
- Irritable Bowel Syndrome
- Gastritis

### Aches and Pains

- Back Pain
- Neck Pain
- Shoulder Pain
- Sprains/Strains
- Bursitis
- Osteoarthritis
- Gout

### Coronary Artery Disease

- Angina
- Congestive Heart Failure

### Chest Pain

- Anxiety
- Costochondritis
- Gastroesophageal Reflux/Hiatal Hernia

### Depression/Anxiety

### Diabetes

- Type 1
- Type 2

### Dysuria

- Urethritis
- Cystitis
- Pyelonephritis
- STD
- Prostatitis

### Gynecologic Problems

- Incontinence
- Menopausal Syndromes
- Menstrual Disorders
- PID
- Vaginitis/cervicitis
- Pap Smears/Family Planning/Contraception

### Headache

- Tension
- Migraine

### Health Promotion/Disease Prevention

- Immunizations
- Weight Management/Exercise
- Smoking Cessation
- School/Sports/Occupational Physical
- Newborn Care/Well Child Assessment
- Well Adult Assessment
- Women's Health Assessment

### Hypertension

**Lower Respiratory Tract Infection**

- Pneumonia
- Bronchitis
- Bronchiolitis

**Metabolic Syndrome****Skin Problems**

- Dermatitis
- Eczema
- Herpetic Infections
- Common Rashes/Viral Exanthems
- Common Benign Skin Lesions
- Common Dermatological Malignancies

**Shortness of Breath**

- Emphysema/COPD
- Asthma

**Substance Abuse**

- Tobacco, Alcohol, Prescription and Illicit Drugs

**Upper Respiratory Tract Infection**

- Allergic Rhinitis
- Croup
- Otitis Media
- Pharyngitis/Sore Throat
- Sinusitis
- Viral URI

**Vomiting/Diarrhea**

- Gastroenteritis

**Violence/Abuse**

- Family Violence
- Sexual Violence
- Child Abuse
- Senior Abuse

**Miscellaneous**

- Medication Compliance Issues
- Anticipatory Guidance/Family Life Cycle Issues
- Referral and Consultation

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